

Daily Drop-In Activities

Mondays

Senior Workout	9 a.m.
Bridge	9 a.m.
Art: Judy Priest	10 a.m.
Spanish Class	10 a.m.
Knitting & Crocheting	10:30 a.m.
Senior-cize	11 a.m.-noon
Gentle Yoga & Chair Exercise	12:30-1:30 p.m.
Computer Clinic	1-2 p.m.
Yoga	2-3:45 p.m.

Tuesdays

Crafts	10 a.m.
Cribbage	10 a.m.-12 noon
SHIBA Health Ins. Advice	10 a.m.-12 noon
Dominoes/Mexican Train	1 p.m.
Ping Pong	1-3 p.m.
Middle Eastern Dancers	7-9 p.m.
2nd & 4th Tues.-Wii	10:30 a.m.-12 noon
2nd & 4th Tues.-Potluck	11:30 a.m.
2nd & 4th Tues.-BUNCO	1 p.m.

Wednesdays

Senior Workout	9 a.m.
Glee Club	10 a.m.
Senior-cize	11 a.m.-noon
Bridge	1 p.m.

Thursdays

Open Sew	9 a.m.-3 p.m.
P A N	10-12 noon
Bingo	12:30 p.m.
Scrabble	1 p.m.
Stretch Yoga	1-2:30 p.m.
Stretch Yoga	3-4:45 p.m.

Fridays

Senior Workout	9 a.m.
Senior-cize	11 a.m.-noon
Pinochle	12:30 p.m.
Sing-a-Long at Facilities, see p.9	2:30 p.m.
Bingo	6 p.m.
1st & 3rd Fridays-Poker NEW	2-4 p.m.

Saturdays

2nd & 4th Sats.-Bridge	6:30 p.m.
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Bring your own partner.

Sundays

By Appointment - call office

Nails, feet & hands—Tue, Wed, Thur
Computer Classes

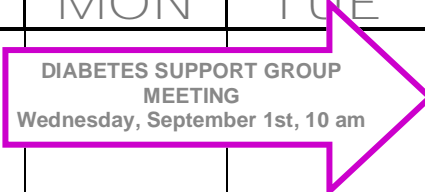

For further information about any activity
or appointments, call the Senior Center
office at 683-6806.

ACTIVITY CONTACTS

Art Classes	Judy Priest	683-5660
Bingo (Thursday)	Pat Stone	582-1351
Bingo (Friday)	Anne Penn	683-3914
Bridge (Monday)	Jim Martin	681-6078
Bridge (Wednesday)	Russ Weber	683-8664
Bridge (Saturday)	Eleanor McIntyre	683-2948
Bunco	Barbara Ralph	681-2535
Bunco	Virginia Parker	775-4670
Computer Class	Dick Wenger	452-4275
Computer Class	Verna Sarnecki	477-4141
Computer Clinic	Jim Money	406-4078
Computer Clinic	Steve Solberg	683-8072
Computer Clinic	Ray Bentsen	582-0305
Crafts, Knitting, Crochet	Judy Lange	683-4969
Cribbage		
Diabetes Support Group	Susan Sorensen	681-0977
Dominoes	Joyce Coney	582-9304
Game Day	Kathy Stanley	477-0868
Glee Club	Ann Mulhern	681-7143
Hula Dancers	Mahina Lazzaro	809-3390
Middle Eastern Dancers	Lydia Samperi	683-9059
Pan	Bobbie Dahm	582-9873
Ping Pong	Helga du Bellier	681-7434
Pinochle	Roscoe Babington	582-3130
Poker	Fred Chang	681-4671
Scrabble	Bobbie Dahm	582-9873
Senior-Cize	Jan Boyungs	683-6806
Senior Workout	Margaret Cox	681-4524
Senior Workout	Nancy Follis	683-0633
Shiba	Marjorie Stewart	452-3221
Senior Singers	Ines Cole	683-8738
Spanish Class	Lilia Dodd	582-9404
Trip & Tours	Michelle Rhodes	683-5883
WII	Ray Bentsen	582-0305
WII	Kathy Stanley	477-0868
Yoga (all classes)	Leslie Menia	681-0332

September 2010

Seminars, Special Events, Activity Changes,
New Classes, and Reminders

SUN	MON	TUE	WED	THU	FRI	SAT
		 DIABETES SUPPORT GROUP MEETING Wednesday, September 1st, 10 am	1 Daily Drop-In Activities	2 Daily Drop-In Activities	3 Daily Drop-In Activities NEW! 2 - 4 pm Low Stakes Poker	4
5	Labor Day OFFICE CLOSED	7 Daily Drop-In Activities 10 am-1 pm Wii Bowling Team 1 pm Poetry Corner	8 Daily Drop-In Activities 1-2:30 pm Brain Agility Class	9 Daily Drop-In Activities	10 Daily Drop-In Activities 2pm Lavender Ladies - all ladies invited!	11 6:30pm Bridge bring your Partner
12 Accordion Social <i>National Grand-parents Day</i>	13 Daily Drop-In Activities Spanish Class 10-11:30am	14 Daily Drop-In Activities 10:30 am -Wii 11:30 am—POTLUCK 1 pm BUNCO 1:30 pm Board Meeting	15 Daily Drop-In Activities 1-2:30 pm Brain Agility Class <i>Newsletter Deadline</i>	16 Daily Drop-In Activities Bingo \$25 Prize See page - 13	17 Daily Drop-In Activities NEW! 2 - 4 pm Low Stakes Poker	18 <i>Yom Kippur</i>
19 Applebee's - Coupon pg 7	20 Daily Drop-In Activities Spanish Class 10-11:30am	21 Daily Drop-In Activities SSAC OPEN HOUSE 10 am-1 pm Wii Bowling Team 1 pm Poetry Corner	22 Daily Drop-In Activities 1-2:30 pm Brain Agility Class	23 Daily Drop-In Activities	24 Daily Drop-In Activities	25 6:30pm Bridge bring your Partner
26	27 Daily Drop-In Activities Spanish Class 10-11:30am	28 Daily Drop-In Activities 10:30 am -Wii 11:30 am—POTLUCK 1 pm BUNCO	29 Daily Drop-In Activities 1-2:30 pm Brain Agility Class	30  Octoberfest October 5th		

Coming Events

Oktoberfest October 5th, 11:30 am
Bone Builders Osteo Class returns October 7th
Nancy's Fashion Show October 23rd, 11:30 am
SSAC Annual Meeting October 29th

