



FEBRUARY 2012 ACTIVITIES

MON	TUE	WED	THU	FRI
<p><i>Not to miss this month...</i></p> <ul style="list-style-type: none"> • Tuesday, Feb. 7th @ 2pm - Conversations with Angela, Topic: <i>Before We Forget</i> • Feb. 13th, 27th, & Mar. 5th @ 10am - 3 session class on creating your own DVDs • Tuesday, Feb. 14th @ 11:30am - SSAC Potluck! 		<p>1</p> <p>9am Balance Exercise WOW Watercolor</p> <p>10am Glee Club Diabetes Support Group</p> <p>11am Senior-size</p> <p>12:30pm Tax-Aide Appt. Required</p> <p>1pm Bridge Mah Jongg</p> <p>5pm Middle Eastern Dancing</p>	<p>2</p> <p>9:30am Beginning Art</p> <p>10am P A N</p> <p>11am Stretch Yoga #1</p> <p>12:30pm Bingo</p> <p>1pm Stretch Yoga #2 Scrabble</p> <p>5:30pm Double Deck Pinochle</p>	<p>3</p> <p>9am Balance Exercise</p> <p>11am Senior-size</p> <p>12:30pm Pinochle</p> <p>1pm Low Stakes Poker</p> <p>2:30pm Sing-a-Long at Suncrest Village</p> <p>6 pm Bingo - Cancelled until 3/2!</p>
<p>6</p> <p>9am Balance Exercise Bridge</p> <p>9:30am Art: Judy Priest</p> <p>10am Knit & Crochet</p> <p>11am Senior-size</p> <p>12:30pm Gentle Yoga & Chair Exercise</p> <p>1-2pm Computer Clinic SSAC Members only</p> <p>2pm Yoga</p>	<p>7</p> <p>10am-Noon SHIBA Free Health Ins Advice</p> <p>10am Fiber Arts Cribbage Wii Bowling</p> <p>1pm Dominos Ping Pong</p> <p>2pm <u>Conversations with Angela</u> ~ Topic: <i>Before We Forget</i></p>	<p>8</p> <p>9am Balance Exercise WOW Watercolor</p> <p>10am Glee Club</p> <p>11am Senior-size</p> <p>12:30pm Tax-Aide Appt. Required</p> <p>1pm Bridge Mah Jongg</p> <p>5pm Middle Eastern Dancing</p>	<p>9</p> <p>9:30am Beginning Art</p> <p>10am P A N</p> <p>11am Stretch Yoga #1</p> <p>12:30pm Bingo</p> <p>1pm Stretch Yoga #2 Scrabble</p> <p>5:30pm Double Deck Pinochle</p> <p style="text-align: center;"><i>Trip: NW Flower & Garden Show</i></p>	<p>10</p> <p>9am Balance Exercise</p> <p>11am Senior-size</p> <p>12:30pm Pinochle</p> <p>1pm Low Stakes Poker</p> <p>2:30pm Sing-a-Long at Avamere</p> <p>6 pm Bingo - Cancelled until 3/2!</p>
<p>13</p> <p>9am Balance Exercise Bridge</p> <p>9:30am Art: Judy Priest</p> <p>10am Knit & Crochet Class 1: Create DVDs</p> <p>11am Senior-size</p> <p>12:30pm Gentle Yoga & Chair Exercise</p> <p><i>1pm Free Legal Clinic</i></p> <p>1-2pm Computer Clinic SSAC Members only</p> <p>2pm Yoga</p>	<p>14</p> <p>10am-Noon SHIBA Free Health Ins Advice</p> <p>10am Fiber Arts Cribbage Wii Bowling</p> <p>11:30am Potluck</p> <p>1pm Dominos Ping Pong Bunco</p> <p>1:30pm Board Meeting</p>	<p>15</p> <p>9am Balance Exercise WOW Watercolor</p> <p>10am Glee Club</p> <p>11am Senior-size</p> <p>12:30pm Tax-Aide Appt. Required</p> <p>1pm Bridge Mah Jongg</p> <p>5pm Middle Eastern Dancing</p> <p style="text-align: center;"><i>Trip: Silverdale</i></p>	<p>16</p> <p>9:30am Beginning Art</p> <p>10am P A N</p> <p>11am Stretch Yoga #1</p> <p>12:30pm Bingo</p> <p>1pm Scrabble Stretch Yoga #2</p> <p>5:30pm Double Deck Pinochle</p>	<p>17</p> <p>9am Balance Exercise</p> <p>11am Senior-size</p> <p>12:30pm Pinochle</p> <p>1pm Low Stakes Poker</p> <p>2:30pm Sing-a-Long at Sherwood Manor</p> <p>6 pm Bingo - Cancelled until 3/2!</p> <p style="text-align: center;"><i>Trip: PA Art Museum & Studio</i></p>

FEBRUARY 2012 ACTIVITIES

MON	TUES	WED	THUR	FRI
<p>20</p> <p>Closed for President's Day</p> <p>All Activities & Classes are cancelled for today!</p>	<p>21</p> <p>10am-Noon SHIBA Free Health Ins Advice</p> <p>10am Fiber Arts Cribbage Wii Bowling</p> <p>1pm Dominos Ping Pong</p>	<p>22</p> <p>9am Balance Exercise WOW Watercolor</p> <p>10am Glee Club</p> <p>11am Senior-cize</p> <p>12:30pm Tax-Aide Appt. Required</p> <p>1pm Bridge Mah Jongg</p> <p>5pm Middle Eastern Dancing</p>	<p>23</p> <p>9:30am Beginning Art</p> <p>10am P A N</p> <p>11am Stretch Yoga #1</p> <p>12:30pm Bingo</p> <p>1pm Scrabble Stretch Yoga #2</p> <p>5:30pm Double Deck Pinochle</p> <p><i>Trip: Oklahoma! @ The 5th Avenue</i></p>	<p>24</p> <p>9am Balance Exercise</p> <p>11am Senior-cize</p> <p>12:30pm Pinochle</p> <p>1pm Low Stakes Poker</p> <p>2:30pm Sing-a-Long at The Vintage</p> <p>6 pm Bingo - Cancelled until 3/2!</p> <p>8:30am to 5pm Smiles for Life (Dental Cleaning)</p>
<p>27</p> <p>9am Balance Exercise Bridge</p> <p>9:30am Art:Judy Priest</p> <p>10am Knit & Crochet Class 3: Create DVDs</p> <p>11am Senior-cize</p> <p>12:30pm Gentle Yoga & Chair Exercise</p> <p><i>1pm Free Legal Clinic</i></p> <p>1-2pm Computer Clinic SSAC Members only</p> <p>2pm Yoga</p>	<p>28</p> <p>10am-Noon SHIBA Free Health Ins Advice</p> <p>10am Fiber Arts Cribbage Wii Bowling</p> <p>11:30am Potluck</p> <p>1pm Dominos Ping Pong Bunco</p>	<p>29</p> <p>9am Balance Exercise WOW Watercolor</p> <p>10am Glee Club</p> <p>11am Senior-cize</p> <p>12:30pm Tax-Aide Appt. Required</p> <p>1pm Bridge Mah Jongg</p> <p>5pm Middle Eastern Dancing</p>	<p style="text-align: center;"><u>Coming Holidays & Events</u></p> <p style="text-align: center;">February 14th - St. Valentine's Day</p> <p style="text-align: center;">February 20th - President's Day</p> <p style="text-align: center;">February 29th - Leap Year Day <i>Enjoy your extra day!</i></p> <div style="display: flex; justify-content: space-around; align-items: center;">   </div>	

Saturdays

4 **9am** Tax-Aide***
10am Intermediate Hula

11 **9am** Tax-Aide***
10am Intermediate Hula
6:30pm Bridge -
RSVP - 683-2948

18 **9am** Tax-Aide***
10am Intermediate Hula

25 **9am** Tax-Aide***
10am Intermediate Hula
6:30pm Bridge -
RSVP - 683-2948

***Tax-Aide appt. required

Sundays

5
12 **Trip: PA**
**Comm. Players:
Murder on the
Nile - No Bush-
whacker**

19 **Trip: PA**
**Comm. Players:
Murder on the
Nile - With Bush-
whacker**

26

BY APPOINTMENT:

Nail Care - feet or hands - Tue. - Thur.
Computer Classes -
PC - Beginner, Intermediate, Advanced
& Starting Mac Classes

*for further information & appointments, call
the Senior Center office at 683-6806.*



To us, it's personal.

BINGO PRIZE THIS MONTH:
\$25 gift certificate
GROCERY OUTLET
3RD THURSDAY BINGO